Volume 9, Number 14 August 20-September 9, 1994

UCSF Newsbreak

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Two sites chosen for lab building

By BILL GORDON

UCSF has selected two sites for further consideration as locations for a new 100,000-square-foot laboratory building to provide short-term relief for the campus space shortage.

The sites and developers are The Executive Park Project in San Francisco, adjacent to Candlestick Park, offered by Tuntex USA, and a site at SFGH submitted by the City and County of San Francisco.

The two sites were chosen from a short list of six locations. Planners evaluated the sites according to a set of criteria that included cost, expansion potential, speed of delivery, experience of the developer, and proximity to the main campus at Parnassus or other UCSF locations.

Because of their varied characteristics, the campus will evaluate the two proposals under distinctly separate processes. The SFGH proposal is on a major existing UCSF site where the campus has had a presence for more than 100 years. The proposal made by the City and County of San Francisco includes a recommendation that San Francisco and UCSF create a new governmental entity known as the Joint Powers Authority to issue bonds to finance the construction. The unique financing arrangement requires a different review process than the other proposal.

The Executive Park proposal is more representative of the typical responses to UCSF's Request for Information in that it is proposed by a private developer on a "satellite" parcel that currently has only a minor UCSF presence. These negotiations are anticipated to be primarily economic in nature.

Negotiations will begin this month with representatives from each of the two sites. UCSF hopes to make a final decision on the location by late fall.

Any agreement must conform to appropriate public and environmental reviews and must receive approval from the UC Board of Regents.

UCSF issued a formal Request for Information regarding proposed sites last October and received a total of 28 responses from developers, property owners, and cities. This group was narrowed to a list of six sites in January. The other four sites were Harbor Bay Business Park, near Oakland International Airport; Sierra Point, on the east side of the Bayshore Freeway; Mission Bay, near China Basin in San Francisco; and The Gateway Project, near the Daly City BART station.

UCSF wants a completed building available as soon as possible, preferably within two years of signing a lease or purchase agreement.

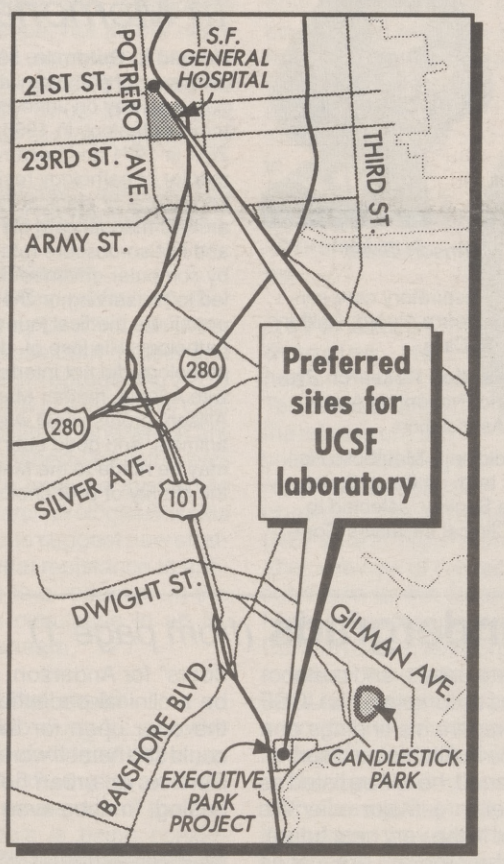
All of the space in the proposed laboratory building would be used for biomedical research and related support activities, with 20 percent of the research area available for use as an animal care facility.

What's happening with the Presidio?

As part of a separate planning process, UCSF has also entered into lease negotiations with the National Park Service for creation of an international center for medical research, training, and public education at the Letterman Army Hospital complex in the Presidio. The Park Service selected UCSF in June as a potential tenant for the complex from among 16 organizations that responded to a formal Request for Qualifications.

Under the concept suggested in UCSF's response, UC would lease the entire 1.2 million-square-foot Letterman complex, using the existing Letterman Army Institute of Research building for biomedical research and the surrounding historic wards buildings for administrative services or for research efforts that don't require laboratories, such as epidemiology. The Letterman Army Hospital building, which requires extensive seismic safety improvements, might be renovated in stages or torn down and replaced over time with one or more structures for additional lab space.

The campus is weighing these three options (Executive Park, SFGH, and Letterman) as part of a five-year financial plan. The financial resources are not available to pursue all three approaches simultaneously. Therefore the negotiation phase of this process is vital in determining which option will be recommended to the UC Regents for their consideration.



San Francisco Chronicle

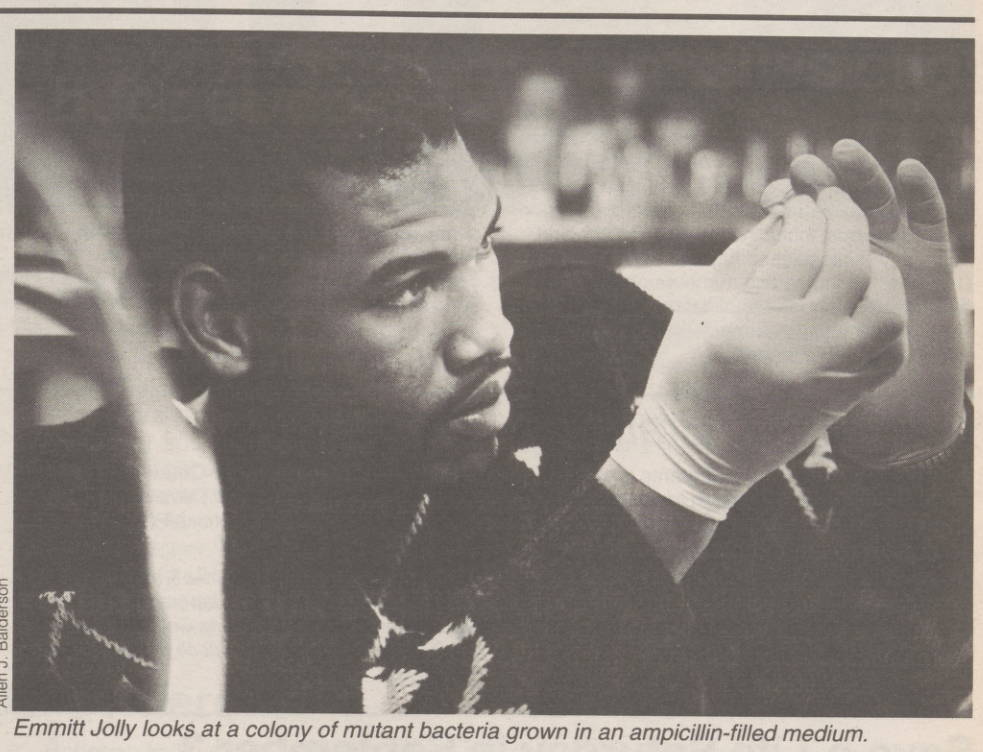
New LRDP being prepared

The campus also is beginning to prepare a new Long Range Development Plan to guide UCSF's growth over the next 15 years. UCSF expects to choose a single major site (about 3.5 million square feet) or two large satellites (each with 1-2 million square feet) to accommodate major growth plans. The long range planning effort is an independent process, and selection of a site as the location of the planned 100,000-square-foot laboratory building has no direct relationship with the continuing search for possible long range needs.

UCSF faces a severe space shortage created by the growth of many remarkably successful patient care and research programs coupled with the inability to expand at its Parnassus site or to move programs intended for the Laurel Heights building, purchased for expansion in 1984. A resolution adopted by the Board of Regents in 1976 limits the size of the Parnassus campus to 3.55 million square feet, a restriction that has spurred UCSF to decentralize to more than a dozen locations throughout San Francisco.

Survey results in next issue

Results from the survey *Newsbreak/Medsounds* conducted in the spring will be printed in the next issue of the publication, to come out on September 10. Meanwhile, you may notice in this issue a few of the many changes we plan to make, including adding bylines to the longer stories and changing the look of page 2.



Allen J. Balderson

Emmitt Jolly looks at a colony of mutant bacteria grown in an ampicillin-filled medium.

Minority undergrads in summer program face challenges, step closer to their dreams

By REBECCA HIGBEE

Emmitt R. Jolly Jr. wants to discover the cure for cancer. And although this is an ambitious goal for a 19-year-old, he already is traveling the road to his dream.

"It's as if everything is falling into place on its own," Jolly says with enthusiasm. "All of my past research efforts are coming together."

Jolly is one of 26 undergraduate minority students selected from more than 245 in this year's Graduate Division's Summer Research Training Program, a 10-week project bringing together students from across the nation, including Puerto Rico. The program encourages participants to seek graduate academic studies, particularly in PhD programs in the health sciences and mental health fields.

The program, which is more than 10 years old, has been funded by the National Institute of Mental Health since 1987 when UCSF dean of graduate students Clifford Attkisson received a grant to support the program. Attkisson, director of the minority program, says the program recruits undergraduates with outstanding achievement in human biology fields closely linked to mental health and behavior, such as neuroscience, genetics, pharmaceutical chemistry, nursing and the social and behavioral sciences, and puts the students in UCSF labs working with senior faculty members. Students work on research projects ranging from genetics and diabetes to biochemistry and mental illness.

"Students interact with UCSF faculty, postdoctoral scholars and graduate students, which provides a broader sense of what research is all about," says Carol Landa, assistant dean of the Graduate Division.

Minorities are underrepresented in the sciences. According to the National Science Foundation (NSF), of all the science and engineering students enrolled in graduate programs in the US in 1992, 80 percent were white, about 6 percent were Asian American or Pacific Islander, 5 percent were African American, 4 percent were Hispanic, less than 1 percent were American Indian or Alaskan Native, and 5 percent were other.

The most recent NSF statistics (1988) showed that 5 percent of all employed scientists and engineers in the US were Asian American, 2.5 percent were African American, less than 2 percent were Hispanic and less than 1 percent was Native American.

Biochemist John A. Watson, who is co-director of the program, has been with the project since its inception. He says that more minority students are needed in graduate programs so that they can move into research based careers, becoming what he calls "purveyors of knowledge."

"The minority community does not have enough people contributing to the *generation* of new knowledge," Watson says. But competitive programs like the one at UCSF may help to change that.

"Based on the participants' research experience, I believe a large percentage will pursue careers in the biomedical/biological sciences, mental health professions and academic medicine," says Audrey Knowlton, the program's coordinator. Knowlton, who is a graduate of the '92 and '93 programs and plans to enroll in a PhD program in clinical psychology next fall, is working on a 10-year follow-up study of the summer program.

Jolly, a junior at Alabama's Tuskegee University, will graduate in 1996 with a degree in biology. His list of achievements is never-ending. He is the president of his fraternity, a motivational public speaker, a model, a poet, an artist, a "Mr. Fix-it," and a semi-professional basketball player. At one time he even considered going into the ministry.

But his heart is in research. While in high school, Jolly worked on the NASA "SEEDS" project, studying the DNA structure of tomatoes which were taken into space. Before that, he studied chromosomes in frogs, and can remember doing experiments in electrolysis of water as far back as the eighth grade. The value of hard work was instilled by his parents. "My father is my idol," Jolly says. "He taught me everything he knows."

Jolly spends up to 13 hours a day in the lab of Erin O'Shea, studying the transcriptional

(See **MINORITY UNDERGRADS** *on page 2)*

Women's Resource Center celebrates 10th anniversary

On Thursday, September 29, at 4:30 p.m in the UCSF Club, the UCSF Women's Resource Center marks its 10th year of service to the campus and community with an event combining a reception with a "silent auction" fundraiser.

"We want to thank those who have supported our efforts in the past as well as raise much-needed funds for future programs," says Amy Levine, director of the Women's Resource Center.

For 10 years, the Center has provided innovative and provocative programming geared toward examining and enhancing the experiences of women on campus and in the community.

While enjoying delectables, reception attendees may bid on merchandise and services donated by local merchants. Door prizes will be awarded throughout the event.

To make a donation of goods, services or cash to the Center, or for more information, call Amy Levine at 476-5837.

Gazette

Appointments



Koda-Kimble

Mary Anne Koda-Kimble: Appointed chair, clinical pharmacy. A professor of clinical pharmacy and associate dean of student affairs for the School of Pharmacy for 10 years, Koda-Kimble is associate director of pharmaceutical services and teaches at the Diabetes Center. A 1969 graduate of UCSF, she is president-elect of the American Association of Colleges of Pharmacy, and has received several teaching and practice awards, including the UCSF School of Pharmacy Distinguished Alumna Award in 1993. The impact of increasing numbers of women in the profession and the application of clinical skills to community pharmacy practice are her current research interests.



Montrose

Susan Montrose: Appointed executive assistant to the Chancellor. She oversees and manages activities and responsibilities of the Chancellor's Office as they relate to facilitating executive decisions and follow-up actions with campus leadership. A member of the campus community for 10 years, Montrose has been assistant to the Chancellor and office manager. In those positions, she worked closely with recently retired Assistant Chancellor Frances Petrocelli, most of whose responsibilities have been reassigned to Montrose and whose position will not be filled at the executive level.



Wheeler Drake

Shelley Wheeler Drake: Appointed chief campus counsel. She works with campus representatives on legal issues and collaborates with the UC Office of General Counsel to provide the full range of legal services required on campus matters. For the past two years, Drake has been commissioner of the Superior Court's juvenile division of San Francisco City and County. She also has served as assistant chief trial counsel, Office of Trials for the State Bar of California, and from 1983-90 served as university counsel in the Office of the General Counsel for the UC Regents. She succeeds Joseph Cowan, who recently retired after serving as chief campus counsel for 15 years.

Medical house staff honors four faculty

Four faculty members have been chosen by the residents in the Department of Medicine as outstanding teachers at the three sites where the residents train. G. Thomas Evans, Jr., assistant professor, medicine, and associate physician, medicine and cardiology, was chosen from SFGH, and James M. Beck, assistant professor, medicine, and chief, chest clinic, VAMC, was selected from the VAMC. Two faculty were chosen from Moffitt/Long: Tom Amidon, assistant clinical professor, medicine, and assistant director, Coronary Care Unit; and Harry Hollander, associate professor, clinical medicine and stomatology, and director, HIV Clinic. The four were noted for their breadth of knowledge, great enthusiasm for teaching and high standards as role models for physicians in training.

Contracts & Grants

Information on contracts and grants is made available to this paper through individual departments, researchers or the funding agency.

Don C. Rockey: Received a $20,000 research award from the Glaxo Institute for Digestive Healtn for "Perisinusodial Cells and Hepatic Blood Flow." Rockey is assistant professor, medicine & SFGH Liver Center Lab.

Publications

Bryna S. Siegel, psychiatry: Co-author, *What About Me? Growing Up with Developmentally Disabled Siblings* (Insight Books/Plenum, New York, NY, 1994).

Stephen H. Embury, medicine & hematology, SFGH & **Narla Mohandas,** laboratory medicine: Co-authors/Co-editors, *Sickle Cell Disease, Basic Principles & Clinical Practice* (Raven Press, NY, 1994).

Honors & Awards



Polk

Cheryl Polk, psychiatry: Selected for Group XIV of the Kellogg National Fellowship Program, W.K. Kellogg Foundation.

Dineen Johnson Greer, fourth-year student, medicine: 1994 Pisacano Scholar, Nicholas J. Pisacano Memorial Foundation, Inc.

Jerry Goldstone, surgery: President, North American Chapter of the International Society for Cardiovascular Surgery.

Anselm Strauss, social and behavioral science: Cooley and Mead Award, American Sociological Association Section on Social Psychology.



Goldstone

John L. Zeigler, medicine: 1994-95 Fulbright grant for research at the Uganda Cancer Institute in Kampala, under the African Regional Research Program.

Gilbert P. Gradinger, surgery: Chair, American Board of Plastic Surgery.



Johnson Greer

Michael J. Mahlmeister, respiratory care service & nursing: 1994 President's Award, California Society for Respiratory Care.

SFGH Depression Prevention Research Program Staff: Lela Rowland Prevention Award, National Mental Health Association.

Paul A. Fitzgerald, medicine & Metabolic Research Unit: Three-year term on the national council of the Endocrine Society; selected to serve on the Society's Clinical Initiatives Committee.

In Memoriam

Ronald L. Goldman, 59, an associate clinical professor of pathology at UCSF/Mount Zion, passed away on June 28. Board certified in anatomic pathology in 1965, he joined UCSF/Mount Zion in 1971 and became a critical but rewarding mentor of pathology residents. His encyclopedic knowledge of medical literature along with his archaic manual card file often retrieved obscure and not-so-obscure references frequently missed by computer-driven retrieval systems. This skill led to his serving on the editorial boards of prominent medical journals in the field of surgical pathology. His love of, devotion to and skill in pathology did not interfere with his love of his wife Aurelia, mother Margaret, and daughter Allison, professional wrestling, roller derby, stray animals, and good beer. Memorial donations may be made to the Marin Humane Society or the charity of your choice.

Save-a-Life Saturday is September 3

If the baseball strike is over, why not take yourself out to a ball game, take yourself out with the crowd, along with your peanuts and crackerjack, and learn CPR.

It's time once again for UCSF's annual "Save-a-Life Saturday at Candlestick Park," on Saturday, September 3. UCSF's Center for Prehospital Research and Training (CPRT) will sponsor two one-hour CPR (cardiopulmonary resuscitation) training sessions — at 9 and 10 a.m. before the San Francisco Giants play the Atlanta Braves. The first 1,000 participants will receive tickets to the game. A free continental breakfast and health fair are also part of the event.

This will be the seventh "Save-a-Life Saturday" with the Giants, the American Red Cross and others. At previous "Save-a-Life" events, more than 15,000 people learned the basics of CPR and emergency awareness.

For more information, call 1-800-GIVE-CPR.

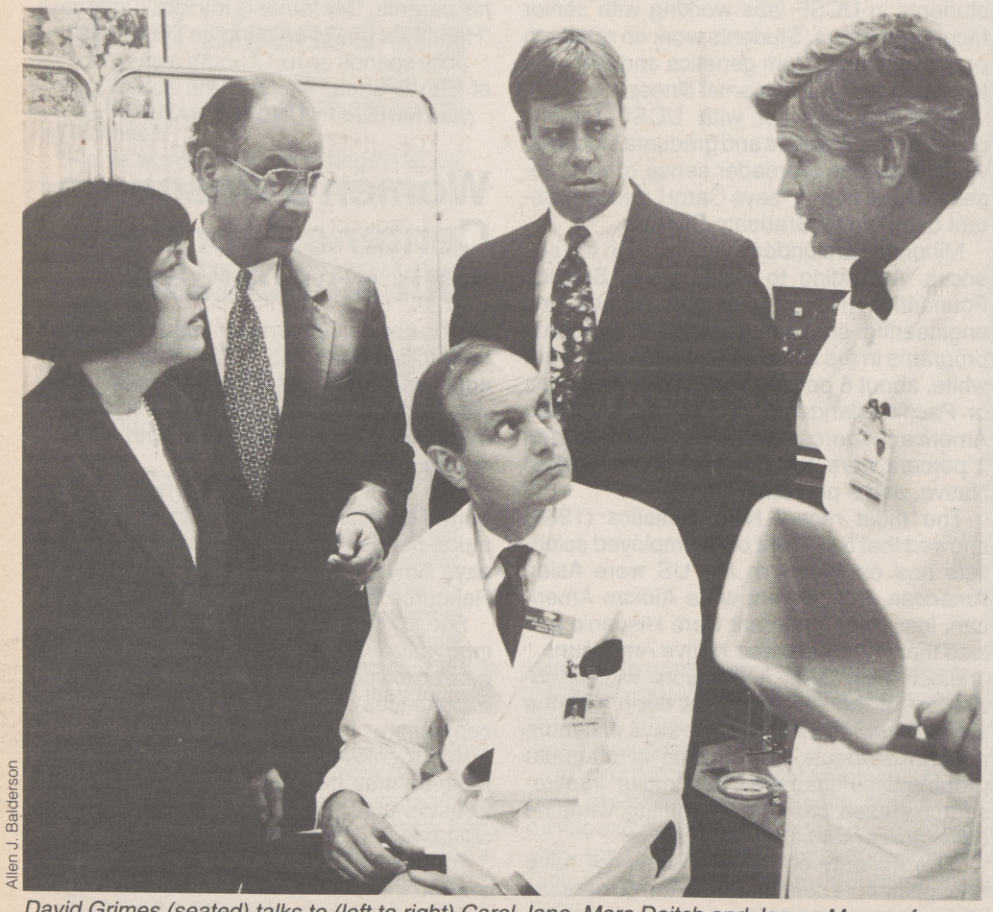
If the Giants are still on strike on Saturday, September 3, the Save-a-Life event will be cancelled.

New contraceptive fellowship at SFGH

In an era of shrinking resources for contraceptive research and training, Wyeth-Ayerst Laboratories has donated $50,000 for a new contraceptive fellowship at SFGH. The one-year fellowship will be awarded to a graduating resident who will do clinical work, research and teaching in contraceptive technologies in the hospital's Department of Ob/Gyn and Reproductive Sciences, says department chief David Grimes.

"This gift represents a milestone in contraceptive research and development in the US," Grimes says. "The generosity of Wyeth-Ayerst Laboratories will enable UCSF/SFGH to provide advanced clinical training and research experience to physician-scientists who are committed to careers in fertility regulation. To our knowledge, this is the first such fellowship sponsored by industry that is expressly designated for fertility regulation, identified by the Institute of Medicine as an urgent priority in women's health."

SFGH already has a distinguished record as a major center for contraceptive research. The hospital served as one of three national test sites for the Norplant contraceptive device, which in 1991 became the first new form of contraception to be approved in decades. UCSF physicians at the hospital also have done extensive research on oral contraceptives and intrauterine devices.



Allen J. Balderson

David Grimes (seated) talks to (left to right) Carol Jane, Marc Deitch and James Meyer of Wyeth-Ayerst and Philip Darney, director, Family Planning Clinic at SFGH.

Minority undergrads *(from page 1)*

regulation of phosphate uptake and metabolism in yeast. He hopes to complete his UCSF research in time to present his findings at a biomedical conference in Atlanta next spring. And, if all goes as planned, he will be listed as a co-editor of a paper in a major scientific journal to be published in the very near future.

Other students in the program are just as dedicated and energetic as Jolly. Of this year's group, 41 percent are male, 48 percent are African American, 15 percent Mexican American, 11 percent Filipino American, 7 percent Latino American, 7 percent Puerto Rican, 4 percent Vietnamese and 4 percent American Indian.

Stacey Anderson, 20, from Carmichael, CA, is a junior at California Polytechnic State University in San Luis Obispo majoring in biological sciences.

An Alaskan Native (Aleut), Anderson says that while growing up, she met few people like herself. Outside of her family, she knew few American Indians until she became involved with American Indian student programs at college. "There aren't many in the science field," she says. "I'd like to see that change."

Anderson has been spending most of the summer in the labs of Watson and Peter Walters trying to make an in vitro model of yeast cells that can be used to study the regulation of lipid metabolism and protein folding.

The UCSF program has "opened new doors" for Anderson. Although she wants to be a clinical pediatrician, she is still leaving the door open for research. She says she could see herself working for the Indian Health Service, an urban hospital or in a university setting, "maybe even here at UCSF."

Correction

The article in the last issue of *Newsbreak/Medsounds* on Chancellor Martin appointing a gay issues committee was inaccurate. It is a standing committee, not an ad hoc committee.

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Deadline for the next issue, which will cover September 10-30 (three weeks), will be on **Monday, August 29, at 11 a.m.** Please send campus news copy to Allen Balderson (476-3163), Medical Center news to Lisa Cisneros (476-3256), and calendar and gazette items to Michele Firpo (476-3257), all at Box 0462; fax 476-3541. Last-minute copy may be taken over the telephone by calling the above telephone numbers. The University of California is an affirmative action/equal opportunity employer.

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Macy's PASSPORT to benefit UCSF AIDS Programs

UCSF AIDS Programs and Project Open Hand will be the two beneficiaries of Macy's 12th annual PASSPORT fall fashion show Thursday and Friday, September 22 and 23, at Fort Mason Center. The event is entitled PASSPORT '94 "FibreOptic."

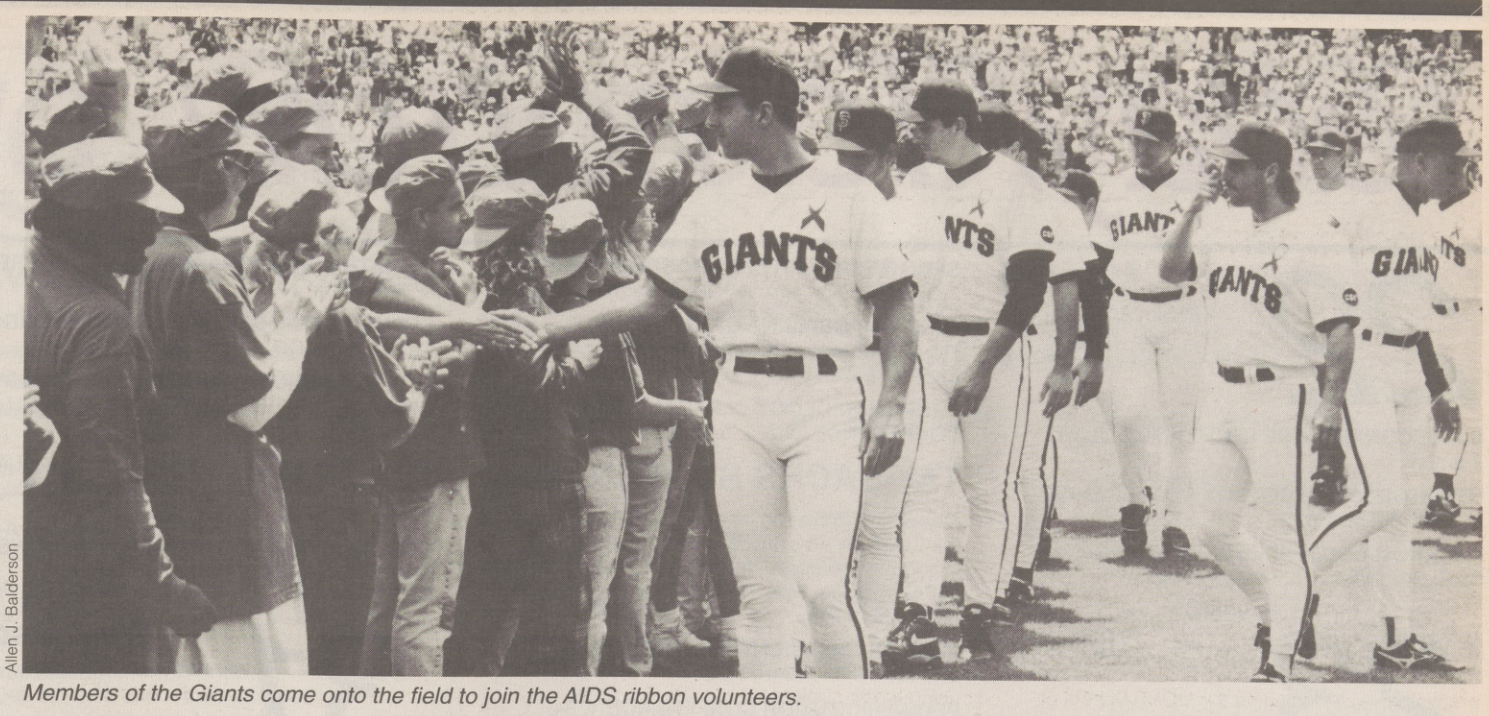
On opening night there will be a black tie gala with dinner created and prepared by winners of the first Robert Mondavi Culinary Award of Excellence — Elka Gilmore (Elka, Liberte), George Morrone (Aqua) and Nancy Oakes (Boulevard).

Honorary chairs of the gala are husband and wife Paul Volberding, professor of medicine and director of the AIDS Program at SFGH, and Molly Cooke, associate professor of medicine and chair-elect of the Project Open Hand Board of Directors. Committee co-chairs include Robert and Margrit Mondavi, Walter and Ellen Newman, and Robert and Colleen Haas.

PASSPORT will enable UCSF to launch the groundbreaking of the UCSF/Macy's AIDS Program in Creative Therapies that will bring together the work of clinicians and researchers, the biotechnology industry, and academic scientists from around the country to focus on the development of new AIDS therapies.

Since 1988, Macy's PASSPORT fashion shows have raised $1.2 million for AIDS organizations.

For general information and tickets call (510) 762-BASS. For gala information and VIP tickets call 476-7082.



Allen J. Balderson

Members of the Giants come onto the field to join the AIDS ribbon volunteers.

Giants donate $115,000 to AIDS groups

It was an emotionally charged day at Candlestick on July 31, and not just because the Giants played one of their best games of the season, against the Colorado Rockies. It was "Until There's a Cure Day" at the stadium, where 50,000 fans joined in the fight against AIDS.

The results? The Giants have turned over a check for $155,000 to the Until There's a Cure Foundation. Half of the money will go toward AIDS vaccine research, the other half to the UCSF AIDS Program, Project Open Hand, the San Francisco AIDS Foundation, the AIDS Project of Contra Costa and the Stanford Positive Care Clinic.

The fundraiser was the first time a major professional sports team has dedicated a game to the fight against AIDS. The ceremonies started with the unfurling on the field of several sections of the Names Quilt followed by All-Star pitcher Rod Beck and actor Danny Glover, among others, reading the names of those who have died of AIDS.

Representatives from UCSF, including Mount Zion and SFGH, joined the 500 volunteers who created the shape of the familiar AIDS awareness ribbon. The ceremony ended with team members of both the Giants and the Rockies joining the volunteers on the field.

"What is more mainstream than baseball?" said Paul Volberding, director of AIDS Programs at SFGH. "What this says is that the stigma that has been attached to this disease is something we can overcome. We are all in this together."

No cures, just hope at 10th International AIDS Conference

Ten thousand fighters against AIDS gathered last week in Yokohama, Japan to discuss the latest findings in prevention, research and clinical care of this disease — the world's most recent and deadly epidemic.

Although, for the most part, pessimism dominated the conference, not all the news was bad. Scientists, for example, did report on the progress of new drugs that may be able to attack the HIV virus in new and different ways, as well as new treatment strategies.

Several UCSF researchers attended the conference and reported on the following:

Mother-to-baby transmission
Transmission of the AIDS virus from mother to baby during pregnancy or childbirth probably occurs partly because both mother and baby are infected by fast-reproducing AIDS virus strains that can grow in a variety of cells made by the immune system, and which are naturally resistant to antibody proteins produced by the mother's immune system to fight the virus, said research virologist Srisakul C. Kliks. The study results suggest new strategies for overcoming viral resistance to antibodies that could lead to a reduction in the amount of AIDS virus circulating in an infected mother's bloodstream.

Thailand's different virus strain
Kliks, who works in the lab of Jay A. Levy, who was among the first to isolate the AIDS virus, also reported that the AIDS virus strain most prevalent in Thailand, where one of the first large-scale vaccine trials is being considered, differs from the most common US form of the virus. Nonetheless, he suggested that a vaccine targeted against the US virus strain might still be effective and worth testing there.

However, from the immunological responses of the men and women studied, it is not clear whether currently manufactured vaccines are the best candidates for vaccine trials in Thailand.

The question has become more urgent now that large-scale AIDS vaccine clinical research trials have been put on hold in the US by the National Institutes of Health. The delay is partly in response to disappointing results of previous laboratory studies.



Government dragging its heels
Ten months after the release of a two volume, 700-page report on needle exchange programs (NEPs) and eight months after a review of the report was submitted to the Department of Health and Human Services by the Centers for Disease Control (CDC), the US government has failed to adopt the report's central recommendations or release the findings of the review, according to health policy researcher Peter Lurie of the Institute for Health Policy Studies.

The report, which was funded by the CDC and released Sept. 30, 1993, concluded that the ban on the use of federal funds for NEP services is hampering efforts to prevent HIV infection among injecting drug users and should be repealed.

Jay Levy and baboon studies
Jay Levy announced a promising animal model for AIDS, in which baboons are not only infected with HIV, but also develop AIDS as a result. Says Levy, "The persistent HIV infection and disease progression in baboons will enable us to study new therapies and vaccines."

Baboons have immune systems similar to humans. Levy is using the baboon model to better understand how an activated CD8+ cell prevents HIV infection from progressing to full-blown AIDS. AIDS develops only after the CD8+ cells eventually lose their anti-HIV activity during the course of infection, according to Levy.

Latinos and "sexual silence"
"Sexual silence" and sexual coercion among US Latino adults may contribute to the HIV epidemic in the Latino community, according to Center for AIDS Prevention Studies researcher Barbara Marin and co-investigator Cynthia Gomez.

In a phone survey of 1,600 unmarried Latino adults aged 18-49 in the 10 US states that make up 87 percent of the nation's Latinos, the researchers found that one in five Latino women reported a history of sexual abuse and/or rape in their lifetime. Of the women who had sex with a man in the past year, 73 percent reported having a partner insist on having sex when they were not interested. Marin estimates that more than 40 percent of AIDS cases among US Latinas result from unprotected sex with men.

AZT does not prolong lives
Giving the antiretroviral drug zidovudine — also called AZT — to patients with CD4 counts above 500 cells/mm3 does not further extend their lives or keep their HIV infection from advancing, compared to starting the drug when the CD4 count falls to 500 cells. However, the drug does slow the loss of infection-fighting CD4 cells which are destroyed by HIV, according to Paul A. Volberding, director of the AIDS Program at SFGH.

Pap smear for cervical cancer
Early results of a small study of women infected with HIV indicate that using the common Pap smear test to detect potentially precancerous cellular changes in the cervix is comparable in accuracy to using the more complicated and less available test called a colposcopy. The study of 75 HIV-positive women and 21 HIV-negative women was conducted by Carol L. Brosgart, clinical instructor in Family and Community Medicine. HIV-infected women have been found to be more likely than uninfected women to have cervical intraepithelial neoplasia (CIN), a precursor to cervical cancer, Brosgart said.

New drug to fight CMV infection?
Brosgart also reported that the largest study to date of treatment to prevent one of the most serious opportunistic infections acquired by HIV-infected persons has enrolled 995 volunteers at 16 sites across the US. The multicenter trial is testing the effectiveness of oral ganciclovir for the prevention of cytomegalovirus (CMV) infection.

Contributing to this report were Rebecca Higbee, Jeff Norris and Alice Trinkl.

AIDS reported cases
From 7/1/81 to 7/31/94

Total SF reported cases:	19,866
Total SF reported deaths:	12,762
Total SF cases reported in July:	152
Total SF deaths reported in July:	118
Total California:	74,088 cases 45,750 deaths
Total US:	361,509 cases 220,871 deaths

Source: SF Dept. of Public Health AIDS Office

Upcoming HIV conferences

Two conferences dealing with HIV are coming up soon.

The first is a UCSF-wide colloquium on Friday, September 9, at the Laurel Heights Conference Center entitled, "HIV Disease: The Second Decade — Where Have We Been? Where Are We Going?" It is sponsored by the Center for AIDS Research (CFAR) and the AIDS Clinical Research Center (ACRC).

The colloquium will concentrate on the progress UCSF researchers have made so far in fighting the disease, how to expand the already extensive network of investigators, and how to develop a strategic HIV research plan to achieve a more complete understanding of the virus. Deadline for preregistration is Tuesday, Sept. 6. Call James Kahn at 476-4082.

The second conference, hosted by the San Francisco Department of Public Health's STD/HIV Prevention Training Center, is the third annual "Women & HIV Update" on Thursday and Friday, October 13 and 14, at the Palace of Fire Arts Theater. A joint project of the UCSF School of Medicine and the Department of Public Health, the two-day clinical conference is intended for physicians, nurse practitioners, physician assistants, nurses, social workers, health educators and others involved in the care of HIV-infected women. Experts from UCSF, Harlem Hospital and the Centers for Disease Control & Prevention will speak. Deadline for preregistration is Friday, October 7. For further information, call 554-9636.

AIDS funds available

- The UCSF Center for AIDS Research (CFAR) has funds available to support two new investigators for one year for research that bridges the gap between basic and clinical research. The awards are for $30,000 each. Copies of the proposal format may be obtained from Layne Ethington at Box 0422, 476-8857.

  Awards are targeted toward promising individuals who are completing postdoctoral or fellowship training. Consideration also will be given to established scientists wishing to redirect their research into the area of HIV. For more information about the awards, call Paul Volberding at 476-04082, ext. 84232. For more information on the review process, contact Ethington. Application deadline is Friday, Sept. 2.
- CFAR also has funds available for pilot projects to support novel ideas targeted at research that once again bridges the gap between basic and clinical research. Call the people mentioned above for further information. Proposal due date also is Sept. 2.
- The UCSF AIDS Clinical Research Center (ACRC) is offering grants for studies in basic science, epidemiology, behavioral sciences, as well as clinical trials, with preference given to HIV/AIDS pilot studies. This fiscal year's funding deadlines are Friday, Sept. 2, Dec. 2 and Mar. 31, 1995. Call Ethington for more information.
- Researchers who are interested in collaborating with a community-based organization or need assistance from the community, should call ACRC community liaison Ellen Goldstein at 597-9396.

Today/Tomorrow

22 Monday

SPINE CONFERENCE ROUNDS. MU 302W. 7-8 a.m.

HEMATOLOGY/ONCOLOGY CONFERENCE. M 1296. 8-9:50 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

23 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *D & C Conference.* Rm. 200 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Distraction Osteogenesis.* David Perrott, OMFS. C 701. 8 a.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

MOUNT ZION MEETING

Regular monthly community meeting to discuss any issues of concern, including construction plans, related to the UCSF/Mount Zion campus. Exec. Board Rm., MZ. 7 p.m. Call 476-3206.*

24 Wednesday

SURGERY MORBIDITY & MORTALITY CONFERENCE. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

GASTROENTEROLOGY FELLOWS COURSE: *Pancreatitis: Diagnosis & Treatment.* Johannes Koch, GI. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Inflammatory Bowel Disease in Children.* Mel Heyman, Ped. & Ped. GI/Nutr. Rm. 208, Bldg. 30, SFGH. 8-9 a.m.

GASTROENTEROLOGY GRAND ROUNDS. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: *Is Work a Pain in Your Back?* Amy Selinger, Phys. Therapy. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

DERMATOPHARMACY/DERMATOTOXICOLOGY SEMINAR: *Pharmacology of Retinoids.* Jean-Phillipe Laugier, Derm. C 130. 2:10-3 p.m.

LABORATORY MEDICINE TRANSFUSION RESEARCH PROGRAM SPECIAL SEMINAR: *Dynabeads Magnetic Separation Technology Applied to Molecular Biology & Cell Separation.* Scott Augentstein, Mol. Bio., Dynal Inc. L 535. 3-4 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

25 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Aortic Stenosis/ Aortic Regurgitation…Present Answers to Tough Questions.* Melvin D. Cheitlin, Med. & Cardio., SFGH. Toland Hall. 8-9 a.m.

THE NEXT DEADLINE

Mon., Aug. 29, 1994 is the revised deadline for items to be listed in the next calendar, which covers **Sept. 10-30, 1994** (three weeks). Complete information must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, send a fax to 476-3541, bring it to UCSF/ Laurel Heights, 3333 California St., Suite 103 or call 476-3257.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

NUCLEAR MEDICINE GRAND ROUNDS: *New Developments in Neuroimaging of Epilepsy.* Kenneth Laxer, Neuro. LPPI Aud. 8:30 a.m.

NEURORADIOLOGY CLINICAL CORRELATION CONFERENCE. N 721. 9-10 a.m.

TAY-SACHS SCREENING

Tay-Sachs screening for pregnant couples. Part of the California Tay-Sachs Disease Prevention Program. Reproductive Genetics Clinic, Suite 810, 350 Parnassus. Opens 9 a.m. Call 731-3437 for more information.*

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m. Call 285-6767.*

PRIMARY CARE & HEALTH PROFESSIONS SEMINAR: *Primary Care Legislation: An Update from Sacramento.* Tom Riley, CA Acad. of Fam. Phys. Sponsored by the Primary Care Education, Research & Policy Group. MU 314. 3-5 p.m Call Sarena Seifer at 476-4465.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 4:15-5:30 p.m.

PRIMARY CARE GRAND ROUNDS: *Evaluation & Treatment of Sleep Apnea.* David Clayman, Med. A 455. 4:30 p.m.

&comings& &goings&

Comings & Goings. An improvisational theater game presented by UCSF Parnassus Players. Co-sponsored by Millberry Arts & Performances through special arrangement with Samuel French Inc. Toland Hall. $3. Call 476-6761. (See page 6 for more details.)*

- Thurs.-Sat., Aug. 25-27: 8 p.m.
- Sun., Aug. 28: 2 p.m.

26 Friday

ORTHOPAEDIC PEDIATRIC CONFERENCE. MU 302W. 7-8 a.m.

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8-9 a.m.

NEUROLOGY GRAND ROUNDS: *The Neurology of High Altitude Climbing.* J. Claude Hemphill, Neuro. S 214. 8-9 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES SEMINAR: *The Bower Technique.* Physical therapist Patrick Russelot and chiropractor Susan Brennan explain this gentle, fast-acting muscle and connective tissue therapy. N 721. Noon-1 p.m.*

29 Monday

SPINE CONFERENCE ROUNDS. MU 302W. 7-8 a.m.

HEMATOLOGY/ONCOLOGY CONFERENCE. M 1296. 8-9:50 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

30 Tuesday

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Residents' Forum.* C 701. 8 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30-10 a.m. Call 476-1073 to schedule.

PEDIATRIC NEURORADIOLOGY CONFERENCE. N 721. 9 a.m.

SFGH MEDICAL SERVICE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.-12:30 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

31 Wednesday

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

GASTROENTEROLOGY FELLOWS COURSE: *Portal Hypertension: Varices.* Nathan M. Bass, GI. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Hepatitis.* John Snyder, Ped. Rm. 208, Bldg. 30, SFGH. 8-9 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Surgical Management of Pancreatitis.* Kimberly Kirkwood, Surg. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: *The Role of Alternative or Complementary Care in Meeting Your Health Needs.* Lynn Fraley, Fraley Associates. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

UCSF CHAPTER ASSOCIATION OF AMERICAN PHYSICIANS & SURGEONS MEETING: N 517. 5 p.m. Call Mark Schiller at 206-5211 for more information. (See story on page 6.)

1 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Systolic Hypertension and the Effect of Mechanical Force in the Vasculature.* Harlan E. Ives, Med., Pharmacol. & Neph. Toland Hall. 8-9 a.m.

OCCUPATIONAL & ENVIRONMENTAL GRAND ROUNDS: *The Gulf War Syndrome.* Stephen L. Davis, Med. M 989. 9-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE LECTURE: *Irritable Bowel Syndrome.* Michael Darby, Med. *Nutrition.* Claudia Lutz, Nutr. & Diet. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip) and phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes and costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.*

Because the service has become so popular and appointments are filled by the time this calendar is published, we list only dates when the van will be at UCSF locations and when appointments are still available:

- Thurs., Sept. 1: UCSF/Daly City, 333 Gellert Blvd.
- Fri., Sept. 30: UCSF/Parnassus at Medical Center Way.



CHILI & SALSA COOK-OFF

Come buy a tasting kit and help decide who is the best cook on campus. Sponsored by EMPACT! $5. Millberry Gym. 11:30 a.m.-1 p.m. Call 476-2675 for information.*

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m Call 285-6767.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

PRIMARY CARE GRAND ROUNDS. A 455. 4:40 p.m.

CHILD OF WAR, WOMAN OF PEACE

Le Ly Hayslip, whose life was depicted in Oliver Stone's film *Heaven and Earth,* and Hiep Thi Le, the woman who portrayed her, will discuss their triumphant yet treacherous journeys from Vietnam to the US. $3-10. Co-sponsored by Women's Resource Cntr. & Old Wives Tales Bookstore. Toland Hall. 7-9 p.m. Call 476-5222.*

2 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8-9 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

3 Saturday

SAVE-A-LIFE SATURDAY

Seventh annual CPR training event before the SF Giants game at Candlestick Park. Two sessions: 9 a.m. & 10 a.m. Call 1-800-GIVE CPR. Event will be cancelled if baseball strike continues. (See story on page 2.)*

6 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Problem Cases.* Davies Med. Cntr., 45 Castro St. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

COMBINED ORAL & MAXILLOFACIAL SURGERY/ORTHODONTIC/ORTHOGNATHIC SURGERY CONFERENCE: *Biological Basis of TMJ Degeneration in Arthritis.* Sunil Kapila, Growth & Dev. C 701. 8 a.m.

SFGH MEDICAL SERVICE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.-12:30 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

Aug. 20-Sept. 9, 1994

7 Wednesday

SURGERY MORBIDITY & MORTALITY CONFERENCE. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

GASTROENTEROLOGY FELLOWS COURSE: *Portal Hypertension: Ascites.* Steven D. Lidofsky, GI. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Water Channels: From Molecular Structure to the Clinic.* Alan Verkman, Med. & CVRI. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *NSAID Gastropathy: Current Advances & Treatment.* Anne H. Wang, GI. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: *403(B): It's Your Retirement Plan, Do You Know How It Works?* Stephen R. Papale, Smith Barney Shearson. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

PSYCHIATRY GRAND ROUNDS: *Violence As a Public Health Issue.* Joseph E. Marshall, Jr., Omega Boys Club. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

LIVER CENTER SEMINAR: *Intracellular Transport of Triacylglycerols.* Charles M. Mansbach, GI, U Tenn. Schl. Med., Memphis. HSW 303. 5-6 p.m.

8 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Molecular Epidemiology of Tuberculosis.* Charles L. Daley, Med., SFGH. Toland Hall. 8-9 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE LECTURE: *Assessment & Management of Diabetes.* Martha Nolte, Med. & MRU. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m. Call 285-6767.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

PRIMARY CARE GRAND ROUNDS: *Consumer's Approach to Diagnostic & Screening Tests.* Tom Newman, Lab. Med., Ped. & Epid. & Biostat. A 455. 4:40 p.m.

9 Friday



HIV DISEASE: THE SECOND DECADE

HIV Disease: The Second Decade — Where Have We Been? Where Are We Going? A UCSF-wide colloquium co-sponsored by Cntr. AIDS Res. & AIDS Clin. Res. Cntr. Laurel Heights Conf. Cntr. Pre-register by Tues., Sept. 6 by calling 476-4082. (See story on page 3.)

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8-9 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES SEMINAR: *Working with Higher Consciousness for Healing.* Hypnotherapist Marilyn Gordon explains how to bring the power of the higher self into healing. N 721. Noon-1 p.m.*

DEVELOPMENT & TRAINING

For further information call 476-4032.

Processing Independent Consultant Agreements. Tues., Sept. 20. 9 a.m.-noon. $40.

Pre-Supervisory Training. Wed. & Fri., Oct. 5, 7, 12, 14. 9 a.m.-noon. $90.

Travel Expense Processing. Thurs., Oct. 13. 1-4 p.m. $40.

Post-Award Management of Extramural Funds. Wed., Oct. 19, 26. 8:30 a.m.-12:30 p.m. $60.

Resolving Sexual Harassment: What a Manager Needs to Know. Thurs., Oct. 20. 8:30 a.m.-noon. $15.

Materiel Management Workshop — Module I. Fri., Oct. 21. 8:30 a.m.-12:30 p.m. $50.

Vendor Payments. Tues., Oct. 25. 1-4:30 p.m. $40.

Materiel Management Workshop — Module II. Fri., Oct. 28. 8:30 a.m.-12:30 p.m. $50.

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251. To register call 476-5808 unless otherwise noted.

Clinical Care of the AIDS Patient: Summer Symposium. Sun Valley, Idaho. Aug. 25-30.

Musculoskeletal Problems in Primary Care. Carr Aud., UCSF. Sept. 24.

Third International Symposium on Mass Spectrometry in the Health & Life Sciences. Ritz-Carlton, SF. Oct. 13-15.

Breast Cancer 1994. Sheraton Palace Hotel, SF. Sept. 25-27.

Cardiology Update — 1994. Carmel Valley Ranch Resort, Carmel. Oct. 13-15.

Third Annual Women & HIV Update. Palace of Fine Arts Theater, SF. Oct. 13-14. (See story on page 3.)

Thirteenth Annual Recent Advances in Pulmonary & Critical Care Medicine. ANA Hotel, SF. Oct. 13-15.

Ninth Annual Primary Care Medicine: Principles & Practice. Ritz-Carlton, SF. Oct. 19-21.

Occupational & Environmental Medicine III. Miyako Hotel, SF. Oct. 24-28.

Gastroenterology: Advances in Diagnosis & Management. ANA Hotel, SF. Oct. 28-29.

Twenty-Third Annual Topics in Emergency Medicine. Miyako Hotel, SF. Oct. 31-Nov. 4.

Update in Electrocardiography & Arrhythmias. Ritz-Carlton, SF. Nov. 4 & 5.

Fourth Triennial Symposium on New Directions in Antiviral Chemotherapy. Ritz-Carlton, SF. Nov. 10-12.

DENTISTRY

For further information call 476-1101.

Problems with Tooth Position During the Mixed Dentition. UCSF. Sept. 9

Endodontics for the General Practitioner: Sharing the Progress. UCSF. Sept. 30.

Periodontal Update: Getting to the Root of the Problem. UCSF. Oct. 8.

The New Faces of Pediatric Dentistry: Practical Treatment Approaches. UCSF. Oct. 14.

Radiation Safety for You & Your Patient. UCSF. Oct. 15.

Selection & Use of Today's Dental Materials. UCSF. Oct. 22.

Dentistry in the Age of DNA: Practical Use of Molecular Technologies in Clinical Dentistry. Grand Hyatt, SF. Nov. 5.

Periodontal Case Management: Expanding Current Concepts. Stockton Hilton. Nov. 18.

AIDS/ARC/HIV+ SUPPORT

Anonymous & confidential caring, support & training for people with AIDS, those who have tested HIV positive & others affected by the epidemic. Sponsored by UCSF AIDS Health Project. Call 476-6430.*

Individual Risk Assessment & Referrals. By appointment.

Facilitated 8-week Groups. For anyone affected, at risk or infected.

Drop-in Group for the Recently Tested.

Positives Being Positive. Support groups in the community meet regularly. Call 476-3902.

CRIME PREVENTION

Presented by UCSF Police Department Crime Prevention Program. Call 476-5683 for information & reservations.

Crime Prevention Presentations. By appointment to campus departments & employees in the workplace.

Tear Gas Class. Department of Justice certified. Pre-registration required.*

REVISED COPY DEADLINES FOR *NEWSBREAK/MEDSOUNDS*

ISSUE NO.	DEADLINE DATE	PERIOD COVERED
Volume 9 #15	**Mon., Aug. 29**	Sept. 10-30 (3 weeks)
V9 #16	**Sept. 20**	Oct. 1-14
V9 #17	**Oct. 4**	Oct. 15-28
V9 #18	**Oct. 18**	Oct. 29-Nov. 11
V9 #19	**Nov. 1**	Nov. 12-25
V9 #20	**Fri., Nov. 11**	Nov. 26-Dec. 16 (3 weeks)
V9 #21	**Dec. 6**	Dec. 17, 1994-Jan. 13, 1995 (4 weeks)
Volume 10 #1	**Jan. 3, 1995**	Jan. 14-27
V10 #2	**Jan. 17**	Jan. 28-Feb. 10

ONGOING SUPPORT GROUPS/MEETINGS

MONDAY

JEWISH WOMEN'S DIALOGUE GROUP: Meets every other Monday. Call 476-6423 for dates & locations.*

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. Conf. Rm. A, 3rd fl., MCB. Noon.*

COLO-RECTAL CANCER SUPPORT GROUP: Meets on the second and fourth Mondays of each month. Reservations must be made at 929-7114. No drop-ins will be allowed. UCSF/Mount Zion Cancer Center, 2356 Sutter. 6:30 p.m.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-3902.*

TUESDAY

SFGH CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF/SFGH. Meets monthly at noon. Call 476-5222 for dates & location.

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

CAMPUS AMNESTY INTERNATIONAL MEETING: Meets first Tues. of each month. MU 111W. Noon-1 p.m. Call 476-0576.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

PARKINSON'S DISEASE EDUCATION & SUPPORT GROUP: For people with Parkinson's & their caregivers. Third Tues. of the month (except August). Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

BREAST CANCER SUPPORT GROUP: For women diagnosed or being treated at UCSF/Mount Zion or UCSF/Parnassus. Begins Tues., Sept. 13. UCSF/Mount Zion Cancer Cntr., 2nd. fl., 2356 Sutter (near Divisadero). 5:30-7 p.m. Pre-registration necessary. Call 885-3693 or 388–3742.*

NURSES' PAIN ASSOCIATION MEETING. Meets the second Tuesday of the month. S 22. 5:30-7:30 p.m.*

BRAIN TUMOR SUPPORT GROUP: First Tues. of the month. S 758. 7:30-9 p.m. Call 284-0208.*

WEDNESDAY

GAY, LESBIAN, BISEXUAL ASSOCIATION AT UCSF MEETING: Meets third Wednesday of each month. Call hot line at 282-9650 for more information.

LATIN AMERICAN CAMPUS ASSOCIATION MEETING: Meets second Wednesday of each month. HSW 508. Noon. Call Al Lopez at 476-1334.

LATIN WOMEN COALITION: For Latina faculty, staff & students. Noon-1 p.m. Call Betty Jerez at 476-7117 for meeting places & dates.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. Observers welcome. C 417. Noon-1 p.m.*

STEP-FAMILY SUPPORT GROUP: For parents & step-parents. Call Sandra Norberg at 476-6389 for dates and location.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Conf. Rm. A, 3rd fl., MCB. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

SUPPORT GROUP FOR RAPE SURVIVORS: Sponsored by Women's Resource Cntr. Meets every Wednesday. $180 for ten sessions. Intake interview required. 6-8 p.m. Call 476-5222 for location & to pre-register.*

EATING DISORDERS SUPPORT GROUP: Open to anyone dealing with an eating disorder in themselves or others. Meets every Wednesday. M 688. 7-8:30 p.m. Call 332-3425.*

CO-DEPENDENTS ANONYMOUS MEETING: A twelve-step program for people who have dysfunctional long-term relationships. Meets every Wednesday. LP 01 (LPPI basement). 8-9:30 p.m. Call 432-3529.*

"AT THE HEART OF IT" CARDIAC SUPPORT GROUP: For heart patients experiencing fear, anxiety, confusion & stress. A six-week series. Call Kathleen Congdon at 885-7227.*

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: Open to anyone interested in learning more about psychiatric disorders & their treatments. Call Laura Deering-Mayclin at 476-7394 for more information.*

THURSDAY

LESBIAN LUNCH GROUP: Monthly on Thursdays. Call 476-5222 for meeting dates & locations. (Group will not meet during summer months.)*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

SUPPORT GROUP FOR WOMEN LIVING WITH LIFE-ALTERING ILLNESS: Alternate Thursdays. 6-8 p.m. Call 775-2854 to preregister & for locations.*

FRIDAY

CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF. Most Fridays. Noon-1 p.m. L 535. Call 476-5836.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: Meets on the first Friday of each month. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call Edith Kaplan at 986-2305.*

BEAR-LY NEW THRIFT SHOP

The Bear-ly New Thrift Shop is open for shopping and donations. They accept clothing, housewares, jewelry, dry goods and more. No furniture. Part of the proceeds benefits the Hospitals Auxiliary for pediatric and patient amenities. 1752 Fillmore St. between Sutter & Post. Hours: 11 a.m.-4 p.m., Monday-Saturday. Call 921-2789.

CALL 502-NEWS

UCSF's news hotline gives up-to-the-minute information for staff, faculty & students.

*Open to the public.

UCSF dentists deliver primary care

Stockton's *Su Salud* fair draws thousands

By LISA CISNEROS

Rebekah Silva spent a recent Sunday peering into the mouths of some 80 Mexicans, mostly migrant farm workers who haven't seen a dentist in years.

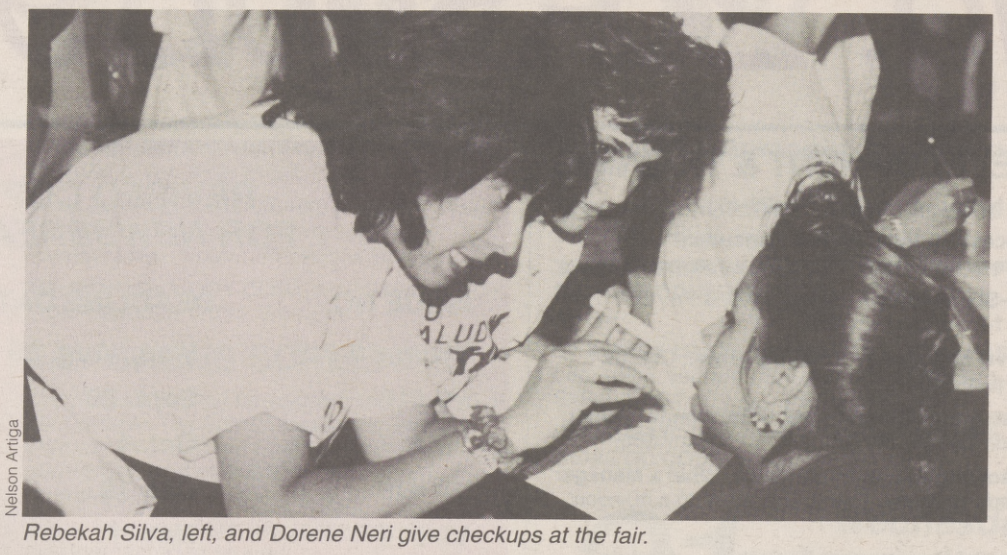
As chief of oral surgery at the VA Medical Center, Silva was part of the UCSF coalition of 30 dentists and dental students who volunteered their time July 24 at the annual *Su Salud* Health and Education Fair which drew some 20,000 adults and children to the San Joaquin County Fairgrounds in Stockton. It was the third year a group from UCSF participated in the fair although it was Silva's first outreach effort in the Central Valley.

"I had a great time," says Silva, who is fluent in Spanish. "The patients were very grateful. They really treat health professionals with an enormous amount of respect."

With the help of fourth-year dental student Dorene Neri, Silva treated whole families at a time. Most suffered from periodontal disease such as gingivitis, inflammation of the gums. The number of cavities was low, she says. "Surprisingly, the overall condition of their teeth was quite good considering most of them don't have the benefit of fluoridated water," Silva says.

About 3,400 volunteers from around the area volunteered, providing screenings for cancer and tuberculosis, immunizing children and educating them about poison prevention and prenatal care, among other services. San Joaquin County health workers are expected to provide follow-up treatment.

Longtime UCSF dentist Nelson Artiga, director of the Family Dental Center at SFGH, helped coordinate the free health fair founded by former UCSF dentist Guillermo Vicuña in 1987. "It's important to provide primary care and education to people who have no access to city, county or state health care," Artiga says. "These people have no access to health services mainly because they're migrant workers."



Nelson Artiga

Rebekah Silva, left, and Dorene Neri give checkups at the fair.

Artiga was unsure how many attending the fair were US residents. He was more concerned about relieving their "pain and suffering" from dental disease, he says.

Artiga vehemently opposes Proposition 187, the initiative which seeks to deny health and education services to illegal immigrants. Although promoted as the "Save Our State" initiative on the November ballot, Artiga describes the measure as "self-serving political rhetoric" orchestrated by those who blame immigrants for the state's fiscal crisis.

"That legislation would be devastating," he says. "The fact is curative care is very expensive and prevention and education is more cost-effective. I think people who are working in the fields and who are providing food for our tables should be cared for. It's better for our economy to have a healthy workforce."

Year of the Mouth

During this, the Year of Oral Health, Ernest Newbrun, a professor emeritus in the Department of Stomatology, has some advice: Ask not what your dentist can do for your teeth, but take responsibility for their maintenance by brushing and flossing them yourself.

Invited to speak at the World Conference for Oral Health in Tokyo last month, Newbrun lectured on "The Importance of Personal Care in Oral Health" to prevent disease.

Fall professional courses begin

The Development and Training Division begins its 1994-95 education program on Wednesday, September 14.

The division provides high-quality, cost-effective training to increase the competence of employees in their current jobs. The curriculum includes supervisory and management skills courses, instruction in organizational policies and procedures, writing and other clerical skills classes and courses in employee development. All UCSF staff are eligible to attend these courses, unless otherwise noted in course descriptions. Course brochures are mailed monthly. Employees who did not receive a copy of the brochure should call 476-4032.

Still time to care

From the shoreline at Fort Funston to the soup lines at St. Anthony Foundation in San Francisco, UCSF employees will be doing their part in the annual "Week of Caring," September 19 through 24.

Volunteers are still needed to work on several projects, according to Katherine Riordan, event coordinator.

UCSF employees, their friends and family will be gardening at the AIDS Memorial Grove, working with children at the Chinatown Community Center and helping with the annual senior picnic at Stern Grove, among other projects.

The absolute deadline to volunteer for the event, coordinated with the San Francisco Volunteer Center and the Bay Area United Way, is Friday, August 26. Application forms may be acquired by calling Riordan at 476-0729.

Commute news

UCSF Transportation Services is in need of riders and drivers for its vanpools that operate throughout the Bay Area.

All riders can take advantage of state tax credit of 40 percent off the annual vanpool fare. Some restrictions may apply. Volunteer drivers, who must be UCSF employees, receive discounted fares depending on driving frequency.

Vanpools to Parnassus that need riders are: Antioch #2810, Berkeley #2690, Oakland/San Leandro #2812, Vallejo #2806, Vallejo/Pinole #2700, and Los Altos #2802. Vanpools to other UCSF work sites looking for riders are: San Francisco to Oyster Point #2703, Concord to MCB, FM and SFGH #2807.

Vanpools in need of drivers are: Foster City/San Bruno #2703, San Carlos #2801, and Oakland/San Leandro #2812.

For more information on other vanpools, fares and schedule, call Transportation Services at 476-1511.

Staff and students living in Marin can join the UCSF Marin Commute Club. Those residents should call Transportation Services at 476-1514.

Medical Call Board

Osteoporosis prevention

UCSF and VAMC researchers are seeking healthy men 65 and older for a study on preventing "senile" osteoporosis, a dangerous thinning of the bones that can afflict men and women as they age. Participants will receive treatment with a hormone that preliminary studies suggest might help stop bone loss and prevent senile osteoporosis. Volunteers will spend between 18 and 28 days residing at UCSF. Information: 750-6928.

Free prostate screenings

Free screenings for prostate cancer will be offered in September during UCSF Prostate Cancer Awareness Week. The screenings are open to all men over the age of 50 or men between the ages of 40 and 49 who either have a family history of prostate cancer or who are African American. The screening consists of a digital rectal examination and a blood test. This year, the Department of Urology will hold the free screenings on Tuesday, Sept. 20, at the UCSF/Mount Zion Cancer Center, 2356 Sutter St., fifth floor Urology-Oncology Clinic and on Sept. 21, at the ACC, sixth floor Urology Clinic. *The screenings will be by appointment only.* Information: 476-8798.

Crohn's Disease study

Patients with Crohn's Disease are needed to participate in a clinical study to evaluate an investigational drug. Treatments or procedures in the study will be free to volunteers. Information: 502-4444.

Nervous system study

Volunteers are needed to serve as normal control subjects in a study to determine the presence of certain inherited metabolic diseases that cause damage to the nervous system. Participation involves a single blood drawing (about one ounce) and psychological testing. Both the testing and blood drawing will take place at the VAMC. Physicians are looking for men and women between 30 and 50 years of age who have no history of psychiatric or neurologic illness. Participants must have graduated from high school. College and graduate school education are desirable. Information: 750-6931.

Testing new diabetes drug

The Metabolic Research Unit is seeking individuals with adult onset diabetes whose blood sugar levels are too high, despite diet, medication and insulin. Researchers hope to initiate research studies using a new oral medication that may help. Participants must be over 18 years of age and in good general health. Information: 476-7265.

Asthma study seeks adults

Volunteer research patients with adult asthma and symptoms of heartburn, regurgitation or chest pain, are needed to participate in a clinical study evaluating the effect of potent acid suppression on the course of asthma. Information: 750-2105.

New group forms

Mark Schiller, a psychiatry fellow, is organizing a UCSF chapter of the Association of American Physicians & Surgeons.

The group will meet next on Wednesday, Aug. 31, at 5 p.m. in the School of Nursing, Rm. 517.

Established 51 years ago, the national organization gained notoriety recently by successfully pursuing a lawsuit which forced First Lady Hillary Rodham Clinton to release the names of her 300-member health care advisory committee.

The organization is currently battling health care reform to give patients the ultimate power to make decisions about their own care. For more information, call Schiller at 206-5211.

Fund Performances

For those invested in the 403(b) Plan and the After-tax plan, here are the latest unit values and monthly factors (as of July 31, 1994). The new annualized yield reflects the annual yield that could be achieved if the current monthly rate were compounded for one year.

	Monthly Factors	Annual Rate	Annualized Yield
Savings	.0054	6.41%	6.52%
Money Mkt	.0036	4.26%	4.29%
ICCF	.0064	7.58%	7.74%

	Unit Values	12-Month Change	3-Year Avg. Annualized Return
Bond	$58.63	-7.1%	10.1%
Equity	$101.50	7.0%	9.9%
Multi-Asset	$14.62	3.6%	8.5%

The investment results, as measured by total return figures given above, represent past performance and should not be considered indicative of future results. If you have questions, please call 476-9256.

Fun Zone



Michele Firpo

&comings& &goings&

"Clockwise" (and clockwise from top center) Ellen Rosenhaus, Ronald Zucker, Pattye Tobase and Ethel Chase perform in an improvisational theater game, Comings & Goings *by Megan Terry. Presented by UCSF Parnassus Players, performance dates are Thursday through Saturday, August 25-27 at 8 p.m., and Sunday, August 28 at 2 p.m. in Toland Hall, 533 Parnassus. The show, directed by Augustus Schoen-René, is co-produced by Millberry Arts & Performances through special arrangement with Samuel French Inc. Tickets are $3. Call 476-6761 for details.*

Empact! chili contest

Turn up the heat this summer by participating in the third annual Chili Cook Off from 11:30 a.m. to 1 p.m. Thursday, Sept. 1, at the Millberry Gym. Tasting kits will be on sale the day of the event for $5. Information: 476-2675.

Walk for the Cure

UCSF is forming a team for the Juvenile Diabetes Foundation Walk for the Cure, a 5K or 10K route that starts at 9 a.m. at Marx Meadow in Golden Gate Park on Sunday, Sept. 11. To register for the walk, call Linda Parks at the UCSF Diabetes Center at 476-5029.

Fall intramural sports

Flag football, basketball, volleyball, Tower Ball and indoor soccer will be offered this fall. Sign-ups begin Sept. 12 through Sept. 30. Check the Fall Millberry brochure for entry fees. Information: 476-0356.

Bay Bridge 10K

Join Michael Edwards, director of Pediatric Neurosurgery, on Sunday, Sept. 18, as he co-captains Team Hydrocephalus for Lifespan's Bay Bridge 10K. The event benefits the Hydrocephalus Association and will serve as a kickoff for the '94-95 United Way campaign. Runners and walkers begin at the Bay Bridge toll plaza and continue across the upper deck of the bridge to the Ferry Building in San Francisco. Information: 776-4713.

Takes two to Tango

Prepare for that special event or just learn a new move in a two-hour ballroom dance class. Great for all levels of experience and ability. Lesson is from 4 to 6 p.m. Saturday, Sept. 24. Register at the Millberry Fitness Center. Information: 476-1115.

Medsounds Continued



Bill Vogler

A STEP in the right direction

UCSF/Mount Zion Social Worker Lauren Britt (center) points out the different parts of a woman's reproductive system to (from left) 14 year-olds Gustavo Aguilar, Iesha Black and Aujon Johnson. The teens were among 40 Marina Middle School students participating in the Summer Training and Education Program (STEP). They toured the outpatient pediatric clinic at UCSF/Mount Zion and discussed health-related issues with the experts. The STEP program is co-sponsored by the San Francisco Unified School District and the Private Industry Council of San Francisco.



Lisa Cisneros

Wheels for recovery

On the one-year anniversary of her liver transplant, Anna Phaoviseth, 8, of Modesto smiles with social worker Amie Paschal after receiving a new bike to help build her strength. The gift was made possible by Alex Busby, also a liver transplant recipient, who founded the non-profit Clancey Foundation to raise money for pediatric transplant patients. This was the fifth bike given to kids at UCSF. Donations to the foundation may be made at any Wells Fargo Bank. The UCSF Liver Transplant Program, which is jointly administered by the Departments of Surgery and Medicine, continues to grow. Last year, 112 adults and children received liver transplants for a total to date of 626 transplants since the program began six years ago.

Firm finds salary hikes in order

About 70 Medical Center employees will get raises retroactive to July 1 to put their paychecks more on par with colleagues on campus and in the marketplace.

Concerned for some time that salaries for key middle management and professional positions were not competitive, Bill Kerr, director of the Medical Center, retained a benefits consulting firm to review 300 such positions.

William M. Mercer Inc. of San Francisco studied all Medical Center management and staff positions in the Management and Professional (MAP) program and the Administrative and Professional Staff (A&PS) with the exception of health care staff positions, since a regular process for market assessment is in place to assure salaries are competitive for that group. Based on the firm's findings, Kerr recommended raises be given to about 25 percent of the positions studied.

"This is a smaller number of increases than many expected based on the anecdotal evidence regarding salary competitiveness," he explained. "In part, the small number is due to our decision to increase salaries only when there was more than a 10 percent shortfall from the market, recognizing that the University's recent salary restrictions have affected the compensation of all employees."

Chancellor Joseph B. Martin approved of the salary hikes August 4. Although he and Kerr are sensitive about providing such increases during "fiscally difficult times," Martin said he is persuaded that UCSF "cannot ignore issues of market and pay equity." Martin urged the Medical Center to work with the Personnel Department to implement the raises.

As a result, 70 MAP and A&PS employees will get raises averaging 9 percent, according to Randy Lopez, director of staff personnel services.

The adjustments will be a combination of classification changes, individual merit and market equity, Lopez said.

Lopez and other members of the Personnel Department have met with senior campus administrators in departments where there were concerns about the impact these raises might have on campus employees in comparable positions. They were able to resolve those problems.

"Our ultimate goal is to develop a systematic way of reviewing all salaries regularly," Lopez said.

Cafe offers customers food for thought

Customers choosing what to eat at the Moffitt Cafe and Grill now have more food for thought beyond simply pondering what pleases their palate.

The nutritional differences between bagels and Boston Clam Chowder as well as other foods served at the hospital cafeteria are now listed in a detailed analysis on the back page of the weekly menu. Each menu item has a breakdown of fat, calories, cholesterol, carbohydrates and other contents.

"Hopefully, it will help people make a better choice about what they eat," says Carol Porter, associate director for Nutrition Services.

For example, diners can discover eating a six-ounce piece of Southern Fried Chicken may save them 135 calories over the grilled cheeseburger, but the crispy bird packs 15 more milligrams of cholesterol, according to the menu. Pour two ounces of hot country gravy over the chicken and that boosts its fat content to 28 grams — the same as the cheeseburger. Both items contain 13 percent of the Recommended Daily Intake (RDI) of fat.

Because a low-fat diet is associated with decreased risk of heart disease, the American Heart Association and the Dietetic Association's RDI of fat is 30 percent or less of a standard 2,000 calorie daily diet.

But who's counting calories? Donna Williams, associate director of nutrition and dietetics, says many consumers are becoming more diet-conscious than ever.

"There is much more effort on the part of everyone to provide more labeling and nutritional information for customers. This is particularly important on a medical campus. We have to make healthier choices available."

Serving about 6,000 people daily from 6 a.m. to 12:30 a.m., the cafe aims to satisfy all appetites.

While the nutritionists have had all the nutritional information for food they serve on their database, it took two years to tally up all the data into a user-friendly format for the public, Williams says. Eight dietetic interns deserve the credit for compiling the sheet.

Sharing the wealth



Lisa Cisneros

John Heaton, right, corporate business manager for Johnson & Johnson Hospital Services Inc., presents a rebate check to UCSF Medical Center administrators Clifton Louie and Helen Ripple, director of nursing. Despite continuing to downsize to reduce its costs, Johnson & Johnson still shares its profits from growth in sales annually with its customers. This year, the Medical Center is giving part of the $61,152 check to EMPACT! to help sponsor the next UCSF Night at the California Academy of Sciences to be held in April.

School *(from page 8)*

Pollman is available for bedside tutoring from noon to 2 p.m. Mondays, Wednesdays and Thursdays.

Fall hours begin Monday, September 26, when the school will be open weekdays from 10 a.m. to noon and from 2 to 4 p.m. Bedside tutoring will be available from 9 to 10 a.m. and from noon to 2 p.m. For more information, call Pollman at 476-2603.

SOAR *(from page 8)*

The students will continue to work 10 a.m. to 6 p.m. shifts through the end of August.

Founded by two Stanford students to promote racial harmony and give low-income youth a chance to realize their potential, the program was piloted at UCSF this summer by the urging of nurse Peggy Devney, a member of SOAR's Board of Directors. Devney presented the idea to Helen Ripple, director of nursing, who found funding for the program. Participants earn a paycheck.

Gaines, who is saving his money for college, had high aspirations to pursue a medical career before he began work at the Medical Center. And the sometimes rapid pace of patient care hasn't changed his mind. "I want to become a psychiatrist," he says.

Bill Kerr, director of the Medical Center, thanked the boys for their assistance. "I think you realize how many people it takes to run a hospital," he said. "There are a lot of opportunities for work here."

Cohen *(from page 8)*

taking care of people with an opportunity for me to use my mind and technical skills," Cohen says.

He said his parents encouraged him to pursue the profession which they consider a noble and stable career. Today, with the continuing debate on Capitol Hill to overhaul health care to make it both accessible and affordable for all Americans, the industry is anything but stable, Cohen says.

Yet whatever health care plan comes out of Washington, the real challenge — successfully competing in a managed care marketplace — exists here in California. "The changes that we are seeing in the Bay Area and in California that are market-driven will have more of an impact on how we deliver care than the changes that come out of Congress," Cohen says.

The key to surviving under a capitated, managed care system is to provide a more comprehensive approach to health care including more preventive care. It's a more economical and humane way to keep the population healthy, he says.

"Emergency services end up being very costly, especially if there are complications," says Cohen. "If people had access to early diagnostic and therapeutic services, then they wouldn't have to worry about only coming in when they have a crisis. They would have a greater likelihood for successful treatment."

For changes in health care to work, social support systems must also be strengthened, he says. Health care alone cannot solve health problems associated with inadequate housing and homelessness, inept parenting, violence, poor nutrition, inferior education and other social ills, Cohen says.

Budget *(from page 8)*

Kerr noted.

Medical Center administrators know that cutting more from the budget won't be easy. Kerr asked managers to list the consequences of the cuts and urged them to involve the staff to recommend ways to tighten the budget.

"We're going to pick and choose those recommendations to approve," explained Larry Smith, finance director. "We're also looking at what happens with occupancy."

While the patient base at UCSF/Mount Zion is increasing, patient days continue to decline at Moffitt/Long hospitals. Administrators are planning for a loss of 3,000 patient days this year alone, Kerr said. That figure reflects a decrease of 4,000 patient days at Parnassus and a 1,000-day increase at Mount Zion. But Kerr said the loss of 4,000 days may be "optimistic." In an attempt to offset the loss of patient days, UCSF is streamlining its referral process with a new hot line number, investing in more primary care and outpatient services and taking an expanded role in home care.

Kerr says the financial sacrifices the Medical Center must make in response to changes in managed care are similar to those being made by providers throughout the state. "I don't think anyone is unscathed," he said. "We're going through a very turbulent time." But Kerr said he is confident that the versatility and overall commitment of the managers, staff and faculty will enable UCSF to succeed in this increasingly competitive marketplace.

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UCSF Medsounds

Page 1 ... UCSF finds short-term space relief with SF sites for lab

Page 1 ... Minority students participate in summer program

Page 3 ... Pessimism prevails at AIDS Conference

Medsounds is a section of *Newsbreak* for and about employees of the Medical Center, including Moffitt-Long, the ACC, UCSF/Mount Zion and Medical Center employees at Mission Center and Laurel Heights.

Med Center staff elects Cohen

By LISA CISNEROS

UCSF alumnus Neal H. Cohen, professor of anesthesia and medicine, has been elected president of the Medical Center staff.

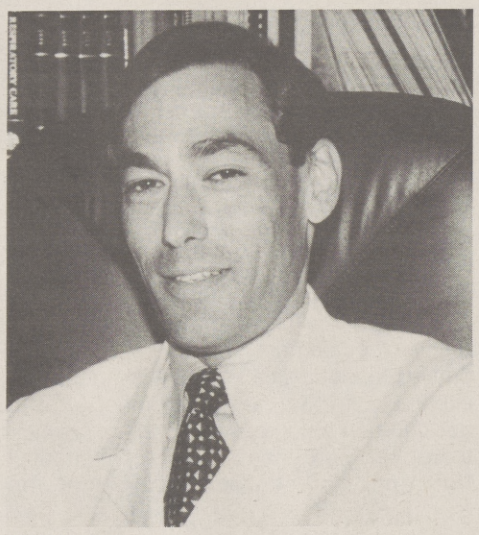
Cohen, 47, will serve at the helm of the 2,000-plus staff for a two-year term. He replaces Stanley Lindenfeld, clinical professor of medicine, who now serves as chair of the Credentials Committee.

Cohen's main responsibilities are to preside over the monthly Executive Medical Board meetings, supervise clinical services and medical staff committees and report regularly on the quality of patient care to Chancellor Joseph B. Martin and the UC Board of Regents.

As president, Cohen is the main spokesperson for the medical staff representing its views, policies, needs and grievances to Bill Kerr, director of the Medical Center, the Chancellor and the Regents.

Cohen also will communicate to his colleagues outside UCSF in a monthly column for the San Francisco Medical Society's magazine, *San Francisco Medicine.* His column will emphasize those special services that only UCSF provides.

Cohen also serves as chair of the Public Relations/Marketing committee, a group charged with reviewing and revising strategies to publicize UCSF's delivery of services. One of several multidisciplinary committees created under the Clinical Strategies Committee, it is developing a long-term marketing plan and is helping to recruit a director of marketing for clinical programs. UCSF has depended upon media coverage of faculty and events to create greater name recognition and industry awareness in the past, but present market conditions demand new marketing approaches, Cohen says.



Neil H. Cohen

Cohen earned his BA at the University of Wisconsin in 1968 and received his MD from UCSF in 1971. He began his residency in UCSF's Department of Anesthesia in 1975, after completing an MPH in epidemiology at UC Berkeley. Cohen received a MS in business management from Stanford in 1989.

Cohen says becoming a doctor was realizing his lifelong dream. "It seemed to combine

(See **COHEN** *on page 7)*

Patient days continue to decline

Med Center to reduce budget

By LISA CISNEROS

Medical Center managers have been asked to propose reductions of $15 million from the $478 million operating budget for the 1994-95 fiscal year.

Bill Kerr, director of the Medical Center, asked managers "to go back to the drawing board" and submit revised operating budgets by September 1.

Kerr said managers must prepare to cut from their current spending plans to adjust for a declining inpatient base and to achieve sufficient operating gains to invest in capital improvements.

"It's not good news," Kerr said at a management meeting last month at the Laurel Heights auditorium. "But we must address these difficult issues now, at a time when we are still in control of our own destiny."

The proposed reductions of $15 million are probably more than will actually be implemented, but Kerr said it is prudent to identify sufficient savings opportunities to be able to adjust to changes during the fiscal year.

"This is just a reflection of the degree of changes we have to make to stay competitive," he said.

The Medical Center must achieve at least a $13.5 million operating gain this fiscal year if it is to pursue its current capital financing plan. Projected capital expenditures over the next few years include building two new medical office buildings and a clinical cancer center at UCSF/Mount Zion; a substantial improvement in management information systems; and both facility alterations and equipment purchases to maintain UCSF's role as a unique provider of specialty services.

The Medical Center expects to finance these improvements through a combination of sources, including depreciation expense, annual operating gains and borrowing. "It will take annual gains of 3 to 4 percent to obtain the bond financing to pay for the projects,"

(See **BUDGET** *on page 7)*

New referral hot line

Medical Center staff have a new hot line number to make sure patients who can benefit from UCSF's health care services can be treated here under their managed care plans.

Part of a multi-faceted plan to adjust to the changing managed care system, the hot line is a specific step toward streamlining the patient referral process and remain competitive with HMOs and referring medical groups.

MANAGING MANAGED CARE

Charles Wilson, director of tertiary care, says the hot line is an attempt to counter UCSF's growing number of denials for admissions and outpatient service by the health plans and medical groups. Denials occur because managed care providers believe the service is either experimental or already available locally or too expensive.

By calling the hot line number, 885-3887, UCSF staff can have access to an on-call contracting officer who will investigate the matter, says Reece Fawley, coordinator of the hot line. "They're in a position to cut a deal," he says.

For the best service, staff should call the hot line at least two business days before the planned admission or consultation. The hot line will augment, not replace, UCSF's current authorization process. To make suggestions for the hot line, call Fawley at 476-4644.

Summer school available through August

Going to school may be the last thought on a pediatric patient's mind, but the opportunity to learn is available at the Medical Center even during the summer.

Teacher Julie Pollman offers summer school in the Medical Center's classroom relocated recently to a larger room — L 739.

Complete with an alphabet circling the walls, textbooks and computers, the school serves hospitalized children free of charge in grades kindergarten through high school.

Providing peer interaction, hands-on activities and age-appropriate curricula, the school can be a pediatric patient's first step to wellness, says Pollman.

With a class size averaging a dozen, Pollman, a former public school teacher, is typically aided by a volunteer.

Recently, Pollman invited patients to sit in on a history lesson and she, too, took a back seat during an introduction to African art while several Bay Area high school students presented art works from the M.H. de Young Museum. Serving as ambassadors, the students, including Kath Thurston of Menlo Park, visit hospitals, schools, nursing homes and other places around the city to raise awareness of and excitement about the museum located in Golden Gate Park.

After the lesson, they helped patient Chris Winters, 12, of Mountain View, make an African wish doll. Winters, who seemed reluctant about going to class as his mom wheeled him in, opened up after the lesson and amused observers by creating a three-headed doll.



Lisa Cisneros

Museum ambassador Larry Chang, right, helps Chris Winters make an African wish doll.

Established in 1991 by Jane Dunaway, a grandmother of a former pediatric patient, the school is now part of the Medical Center's Child Life Services Department, which provides programs that focus on education, recreation and emotional support for children during their hospitalization.

Summer schoolroom hours are Monday through Thursday from 10 a.m. to noon.

(See **SCHOOL** *on page 7)*

Morning on men's health Sept. 24

Men's health issues will be the focus of a special community program slated for Saturday, September 24, from 9 a.m. to noon.

Presented by the UCSF/Mount Zion Center on Aging, the free presentation will be held at the Laurel Heights conference center.

Jay S. Luxenberg, associate professor of medicine, will tell how to stay healthy while growing old. Joseph Presti Jr., assistant professor of urology, will talk about enlarged prostate and prostate cancer.

"This free program will give men and their loved ones information they need to help them achieve healthy aging," says Carol Allen, director of education and training at the center.

Prostate problems are very common for men over the age of 50. More than half of men in their 60s and as many as 90 percent of men older than that have some symptoms of benign prostatic hypertrophy or enlarged prostate, according to doctors. Prostate cancer is the most frequent cancer and the second leading cause of death from cancer among men in the US.

Complimentary sweet rolls and coffee will be served. Parking is available for 85 cents. For reservations and more information, call 750-4194.

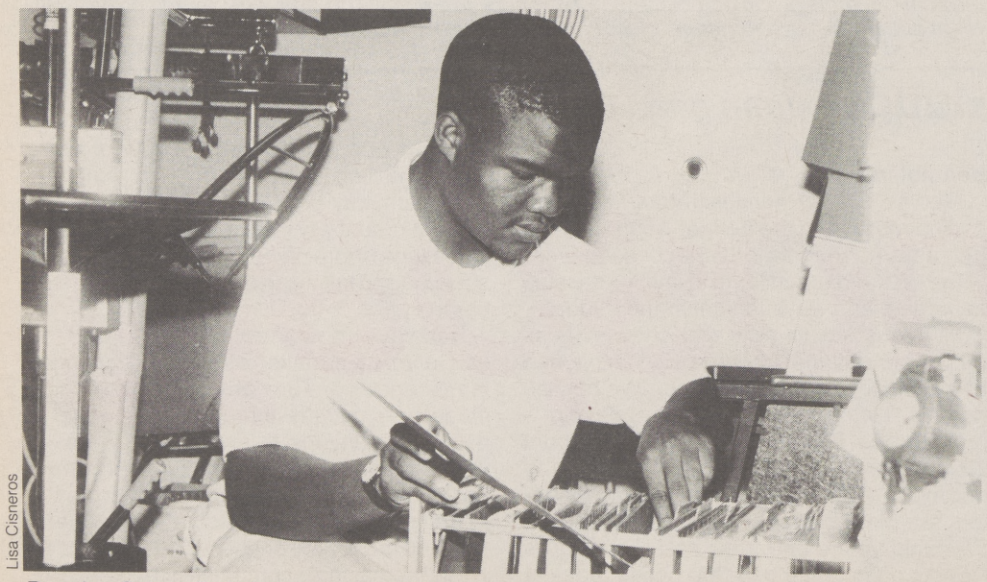
Students SOAR to new heights at UCSF

Brandon Gaines is soaring to new heights this summer. The 17-year-old Palo Alto resident takes the elevator to the ninth floor of Long Hospital every day to learn about health care from the experts.

"I really got a feeling of how things operate in a hospital," he says. "Sometimes it's hectic and I really see how hard nurses work. "

Gaines, who helps out at the front desk in the kidney unit, is one of four African American students participating in the work program called SOAR or Students Offering Alternative Realities. The three others helping to discharge patients, file papers and run errands at the Medical Center are Moshan Johnson, 15, of San Francisco, Cedric Strickland, 18, of East Palo Alto and Brian Carson, 16, also of East Palo Alto.

(See **SOAR** *on page 7)*



Lisa Cisneros

Brandon Gaines finds forms to restock the shelves on 9 Long.